



My overall goal is to touch each and every heart in the room, even with a large audience!

*I want them to feel something!
I want them to think!
I want them to dream!
I want them to awaken their courage!
And to remember our time together as a defining moment in their lives.*
– Sussi Mattsson

SPEAKING

Sussi's extensive speaking and coaching experience spans more than two decades in both Sweden and the United States. She inspires, motivates and challenges her clients to reach far beyond what they themselves initially believe is possible.

3 REASONS TO BOOK SUSSI

A CATALYST FOR HOPE, COURAGE & LASTING CHANGE

Through warmth, compassion and contagious positive energy, Sussi inspires, motivates and positively challenges the audience to stretch and expand existing thinking. People break through their own limitations and leave with a newfound level of courage and hope, ready to take bold actions.

A FULLY ENGAGED & INTERACTIVE EXPERIENCE WITH AN IMPACTFUL MESSAGE

Sussi creates a genuine connection with your audience with real conversations, who will be captivated with energy, and actively involved & engaged with their hearts, minds and souls.

AUTHENTICITY & RELIABILITY & INSPIRATION

Sussi speaks from the heart, shares real stories, walks her talk with full authenticity and is not afraid to challenge conventional thinking. She pushes the envelope, brings fresh innovative ideas that spark new possibilities and create a space where transformation happens in the moment.

SUSSI'S MOST IN DEMAND TOPICS:

1. From Wounds to Wisdom™: How to Rewrite Your Story and Rise Strong

Discover how to turn your past pain into your most powerful purpose — and lead yourself and others with heart, resilience, and truth.

Audience Takeaways:

- A proven and profound 4-step Wisdom Letter writing method to transform wounds into wisdom
- Tools to move from survival mode into self-leadership
- How to reclaim your voice, rewrite limiting narratives, and rise
- A renewed sense of courage, clarity, and emotional resilience

2. The Letter That Saved Me: A Journey from Trauma to Triumph

An unforgettable true story of survival, courage, and how one handwritten letter sparked a global healing movement.

Audience Takeaways:

- A powerful true story that inspires courage, deep reflection, hope, and action
- The emotional and psychological impact of unspoken wounds — and how to heal them
- Why healing is contagious: how one voice can spark global transformation
- A reminder that where you come from matters — but who you choose to become matters more

3. Healing in the Workplace: Why Emotional Resilience Is Your Company's Superpower

Learn how untold stories, unresolved wounds, and unspoken stress impact performance — and how healing unlocks team and leadership success.

Audience Takeaways:

- How unresolved personal trauma shows up in professional performance
- Why fostering psychological safety is essential for innovation, loyalty, and leadership
- Practical tools for creating a healing-informed, high-performing workplace culture
- A fresh lens on employee well-being that goes beyond surface-level perks

4. Invisible Wounds, Generational Chains, and the Courage to Break Free

Explore how subconscious patterns from our past affect everything from parenting to leadership — and how to break cycles that no longer serve us.

Audience Takeaways:

- How subconscious patterns and generational wounds shape our behaviors
- Steps to identify and gently release inherited emotional baggage
- How to parent, lead, and love from a place of healing, not hurt
- A renewed sense of courage, clarity, and emotional resilience

BOOK SUSSI NOW

Sussi Mattsson

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SEEN ON

